



*...Inclusion for Life*

# ANNUAL REPORT

## 2022-23

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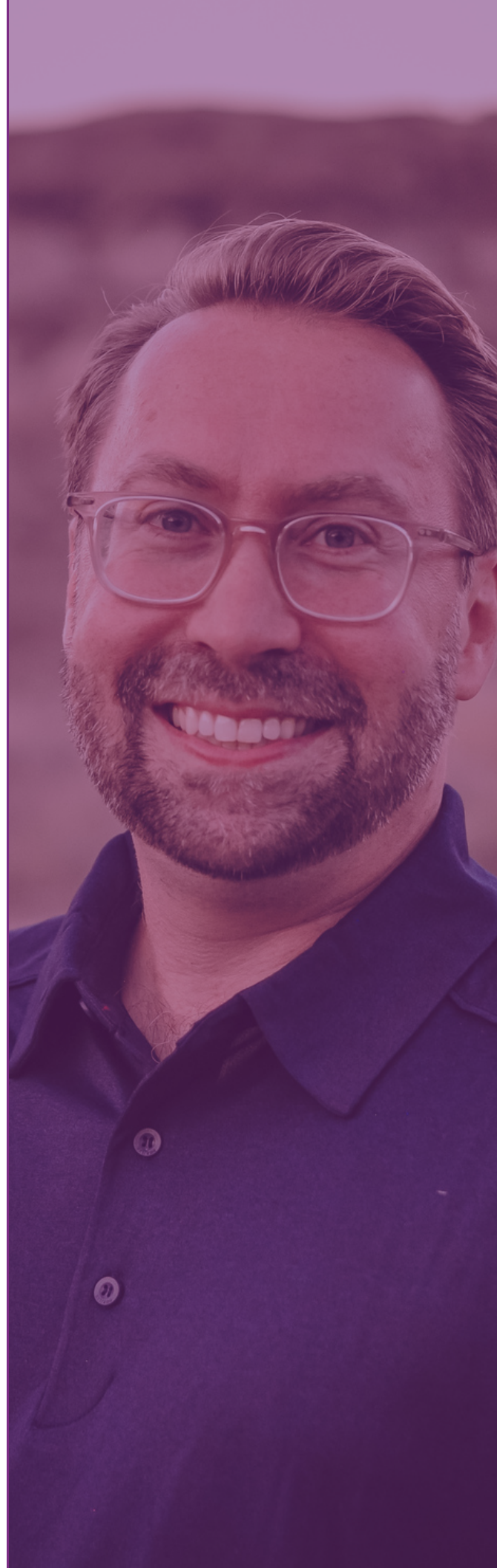
# MESSAGE FROM THE EXECUTIVE DIRECTOR

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The past few years have been a very difficult time for many families as we continue to adapt to a post-pandemic world and wrestle with new economic, social, and emotional challenges. Despite these challenges, the demand for PREP services continues to grow, and we are now supporting the largest number of families in our 35 year history. As we look ahead to the future, PREP is committed to working closely with our members to learn more about the challenges they are facing and providing services and programs that best meet their needs. The need for support has never been greater, and I know PREP has the staff and community in place to ensure children with Down syndrome are living active and included lives within their communities.

Curtis Slater  
Executive Director

**PREP Annual Report Sept 2022 - Aug 2023**



# FINANCIAL UPDATE

## 2022-2023

Total Revenue = \$1,969,977

Government and Grants  
\$1,220,693

Donations  
\$336,219

Fee for  
Service  
\$191,775

Fundraising  
\$182,290

Other  
\$39,000

Total Expenses = \$1,843,633

Program  
\$1,238,223

Administration  
\$484,149

Operations and  
Maintenance  
\$86,398

Fundraising  
\$34,863



# EARLY LEARNING

## Highlights

- Introduced new community outings, including swimming
- Brought parent mentors into the class to speak to new parents

Our weekly parent-child classes for children ages 0-3 provide a warm and welcoming introduction to PREP. Parents value the opportunity to meet and share with other families who are also starting their journey of parenting a child with Down syndrome. Parents build a network of support as they learn through class time, workshops, and individual therapy consults. Children enjoy the structured play based activities designed to introduce skills, which will help and support them in their transition to ECS and preschool.

Funding by:



Enrollment: 13



# EARLY CHILDHOOD SERVICES

## Highlights

Offered parent workshops delivered by our therapeutic team

As an approved ECS operator, PREP supports every child's journey in an inclusive educational setting. The first year of the program is focused on learning what it means to participate in the classroom while introducing preschool concepts. The 2nd year of the program is focused on gaining independence and fostering social interaction with peers. Children also attend their community preschool supported by a PREP Education Assistant. PREP provides exceptional programming from our multi-disciplinary team of caring professionals, including a Speech Language Pathologist, Occupational Therapist, Physiotherapist, and Therapy Assistants.

Funding by:



**Enrollment: 16**





# SPEECH-LANGUAGE THERAPY

## Highlights

Hired new SLPs and expanded our speech team

Our team of Speech Language Pathologists provide individual and small group therapy sessions that adapt and modify strategies specifically for children with Down syndrome in grades K-12. An important part of our therapy approach is to work closely with parents and school team members to encourage speech intelligibility, vocabulary and sentence building, sequencing, and development of social communication skills to help students gain the skills to effectively communicate at home and in their community.

Funding by:



Enrollment: 35



# OCCUPATIONAL THERAPY

## Highlights

Expanded our OT team and provided greater in-home FSCD support

Many individuals with Down syndrome benefit from receiving individualized services and support from our registered Occupational Therapists. These supports can focus on maximizing independence with many meaningful daily activities, including self-care activities (eating, dressing, toileting, etc.), independent living skills (cooking, chores), play/recreational/leisure activities, and school activities or readiness skills (crafting, printing, keyboarding, attention and organizational skills, etc.). OT sessions are individualized and based on family/students' needs and priorities.

Funding by:



Enrollment: 12





# READING PROGRAM

## Highlights

Reading registration numbers continued to rise to our highest levels ever

Learning to read is an essential life skill, which is why PREP offers an individualized and personalized reading program designed specifically for students with Down syndrome in grades 1-12, with options for Kindergarten students to enter the program in Block 3. Our highly skilled reading team modifies each lesson based on the interests of each student and coordinates goals with families and teaching teams. Parents will also learn literacy strategies and work on reading goals at home using the resources and materials our instructors have prepared for each student.

Funding by:



Enrollment: 49





# TEEN PROGRAM

## Highlights

Program demand continues to increase and as a result we created new class options

PREP's Teen Program takes a multi-disciplinary approach towards building life skills and independence and presents our teens with opportunities to socialize in a safe place where they can grow and learn with peers. Our Teen Program has a collaborative team of specialists, including a speech-language pathologist, occupational therapist, and therapy assistant. Teens meet 15 times a year to learn about and practice their speech-language skills and develop their executive functioning skills so they can be active and included members of their communities. Through our Teens on the Go program, teens also have the opportunity to practice their skills in real-world settings with the support of PREP staff and volunteers.

Funding by:



**Enrollment: 46**



# FAMILY SUPPORT

## Highlights

- Saw great turnout for our Mother's Day Retreat
- PREP membership continues to grow

Family Support services are available to any Family in the Calgary and outlying region looking for the knowledge, skills, and resources required to best support their child with Down syndrome from birth to 18 yrs old. Liaisons are also available to provide support and clarity as parents navigate complex systems. Workshops and webinars are offered to families who want to learn more about specific topics related to your child's journey and to learn from other families. Families have access to individual consults, home visits, mentoring, transition planning and much more.

**Funding by:**



**Enrollment: 57**





# EDUCATION SUPPORT

## Highlights

Provided professional development to over 50 educators, EA's and administrators

PREP offers supports to educators and families through our Education Support services to ensure everyone has the knowledge, resources, and capacity to create successful learning environments for students with Down syndrome. With the right supports in place, we believe that every individual with Down syndrome is able to thrive throughout their education careers. Our Education Support Coordinator works directly with families and teaching teams through consultations, workshops, professional development, webinars, and resource development.



**Workshops: 4**



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