



# ANNUAL REPORT

## 2021-2022

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**Curtis Slater**  
**Executive Director**

## MESSAGE FROM THE EXECUTIVE DIRECTOR

The 2021-22 school year continued to provide PREP families with a number of challenges, but after 2 years of remote services we were excited to see students return to in-person services. This allowed PREP to expand its programming and pilot new services as our membership numbers continue to rise.

As the needs and challenges of our PREP families become more complex, PREP staff will continue to explore innovative, collaborative, and creative ways to meet member needs as we come together as a community to support each other on this journey of inclusion.

### ORGANIZATION HIGHLIGHTS

- Returned to in-person services with extensive safety protocols in place
- Piloted new programs, including PD Day camps and OT groups
- Expanded our FSCD contract support
- Added 12 new staff to the PREP team,

### ORGANIZATION SPONSOR



# FINANCIAL UPDATE

## 2021-2022

Total Revenue = \$1,392,028

Government and  
Grants  
\$667,594

Donations  
\$316,979

Fee for Service  
\$315,857

Fundraising  
\$88,748

Other  
\$2,850

Total Expenses = \$1,441,968

Program  
\$898,632

Administration  
\$438,199

Operations and  
Maintenance  
\$70,712

Fundraising  
\$34,425





# EARLY LEARNING

Our weekly parent-child classes for children aged 0-3 provide a warm and welcoming introduction to PREP. Parents value the opportunity to meet and share with other families who are also starting their journey of parenting a child with Down syndrome. Parents build a network of support as they learn through class time, workshops, and group therapy consults. Children enjoy the structured play based activities designed to introduce skills, which will support them in their transition to ECS and preschool.

## HIGHLIGHTS

- Return to in-person classes
- Introduced a new physiotherapy group
- Explored the city with a swim day at Vecova, zoo day, and a visit to the Telus Spark Science Centre.

## ENROLLMENT

- 22 families

## FUNDING BY





# EARLY CHILDHOOD SERVICES

As an approved ECS operator, PREP supports every child's journey in an inclusive educational setting. The first year of our ECS program is focused on learning what it means to participate in the classroom while introducing preschool concepts. The 2nd year of the program is focused on gaining independence and fostering social interaction with peers, and families have the option to attend their community preschool supported by a PREP Education Assistant. PREP provides exceptional programming from our multidisciplinary team of caring professionals, including a Speech Language Pathologist, Occupational Therapist, Physiotherapist, Behaviour Therapist, and Child Development Facilitators.

## HIGHLIGHTS

- Return to in-person classes
- Introduced a more collaborative multidisciplinary model
- Added additional therapeutic support to the team

## ENROLLMENT

- 12 Students

## FUNDING BY





# SPEECH-LANGUAGE THERAPY

Our team of Speech Language Pathologists provide individual and small group therapy sessions that adapt and modify strategies specifically for children with Down syndrome in grades K-12. An important part of our therapy approach is to work closely with parents and school team members to encourage speech intelligibility, vocabulary and sentence building, sequencing, and development of social communication skills to help students gain the skills to effectively communicate at home and in their community.

## HIGHLIGHTS

- Renewed our contract with the Calgary Catholic School Division
- Returned to in-person services while still offering remote options to families
- Expanded FSCD contract support

## ENROLLMENT

- 47 Students





# OCCUPATIONAL THERAPY

Many individuals with Down syndrome benefit from receiving individualized services and support from our registered Occupational Therapists. These supports can focus on maximizing independence with many meaningful daily activities, including self-care activities (eating, dressing, toileting, etc.), independent living skills (cooking, chores), play/recreational/leisure activities, regulation, and school activities or readiness skills (crafting, printing, keyboarding, attention and organizational skills, etc.). OT sessions are individualized and based on family/students' needs and priorities.

## HIGHLIGHTS

- Introduced a new Keyboarding Group for teens and middle year students
- Expanded FSCD contract support
- Hosted a spa day for our teens to learn about self-care
- Provided a number of workshops/webinars for parents

## ENROLLMENT

- 4 fee-for-service students



# READING PROGRAM

Learning to read is an essential life skill, which is why PREP offers an individualized and personalized reading program designed specifically for students with Down syndrome in grades K-12. Our highly skilled reading team modifies each lesson based on the interests of each student and coordinates goals with families and teaching teams. Parents will also learn literacy strategies and work on reading goals at home using the resources and materials our instructors have prepared for each student.

## HIGHLIGHTS

- Provided new small group sessions for teens
- Returned to in-person services while still providing remote options
- The Reading Program continues to be one of PREP's fastest growing programs

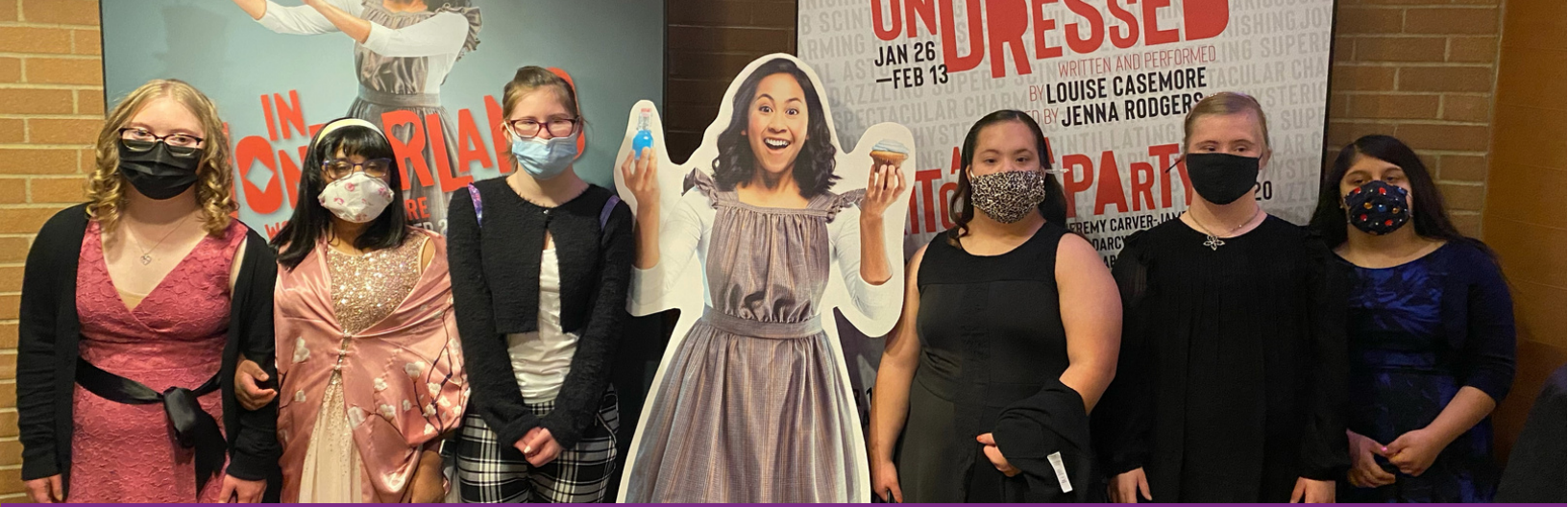
## ENROLLMENT

- 49 Students

## FUNDING BY







## TEEN PROGRAM

PREP's Teen Program takes a multidisciplinary approach towards building life skills and independence and presents our teens with opportunities to socialize in a safe place where they can grow and learn with peers. Our Teen Program has a collaborative team of specialists, including a speech-language pathologist, occupational therapist, and therapy assistant. Teens meet 15 times a year to learn about and practice their speech-language skills and develop their executive functioning skills so they can be active and included members of their communities. Through our Teens on the Go program, teens also have the opportunity to practice their skills in real-world settings with the support of PREP staff and volunteers.

### HIGHLIGHTS

- The Teen Program continues to grow with our highest registration to date
- Returned to in-person classes, including 3 in-person workshops (puberty, keyboarding, and a spa day for self-care)
- Provided a trial class for new families to learn more about the program

### ENROLLMENT

- 26 Students

### FUNDING BY





PRESENTED BY:  
NATALIE PENTNEY, B.ED.  
VANESSA ALLAN, SLP.

## EDUCATION SUPPORTS

PREP offers supports to educators and families through our Education Support services to ensure everyone has the knowledge, resources, and capacity to create successful learning environments for students with Down syndrome. With the right supports in place, we believe that every individual with Down syndrome is able to thrive throughout their education careers. Our Education Support Coordinator works directly with families and teaching teams through consultations, workshops, professional development, webinars, and resource development.

### HIGHLIGHTS

- Presented 4 workshops to teaching teams all over Canada
- Presented a two part series on transitioning to Kindergarten for our ECS families
- Presented a workshop for our CDF's
- Presented a transition workshop for families of students going into grade 1
- Supported families transitioning into middle/junior and high school



# FAMILY SUPPORT

Family Support services are available to any Family in the Calgary and outlying region looking for the knowledge, skills, and resources required to best support their child with Down syndrome from birth to 18 yrs old. Liaisons are available to provide support and clarity as parents navigate complex systems. Workshops and webinars are offered to families who want to learn more about specific topics related to their child's journey and to learn from other families. Families have access to individual consults, home visits, mentoring, transition planning and much more.

## HIGHLIGHTS

- Provided an in-person year end celebration
- Saw the return of our Mother's Day Retreat
- Provided a number of webinars and in-person family workshops

## ENROLLMENT

- 230 families

## FUNDING BY







# FSCD CONTRACT SUPPORT

PREP has recently expanded its FSCD contract support in order to provide families with speech-language therapy, occupational therapy, physiotherapy, and behaviour therapy in their homes as a part of their FSCD contracts. These contracts provide a great opportunity for parents to learn alongside their child as they work on therapeutic goals and discover important strategies for ensuring ongoing success.

## HIGHLIGHTS

- Expanded our therapeutic team to be able to support specialized services contracts
- Increased the number of FSCD contracts PREP is able to support by expanding our therapeutic team

## ENROLLMENT

- 40 FSCD contracts supported

## FUNDING BY



# PREP

*Inclusion for Life*



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